

## Weekend Talks (cont'd)

**Action**—The ability to take Apostolic Action into the places we live our lives through the Cursillo method: “Make a friend; Be a friend; Bring a friend to Christ.”

**Obstacles to Grace**—We must be prepared for difficulties. This talks shows us how we can overcome sin.

**Leaders**—A Christian leader is a servant leader who knows Christ, follows Him and centers his/her life upon Him.

**Environments**—Our goal is the transformation of our part of the world for Christ.

**Christian Life**—a truly Christian life of piety, study and action fosters a love for Christ and our neighbors.

**Christian Community in Action**—the plan on how to live your life of piety, study and action in the world.

**Group Reunion**—is a small group of friends that meet regularly to keep each other accountable for their spiritual journey of piety, study and Apostolic Action.

**Fourth Day (Ultreya)**—this talk is about maintaining the groups, a reunion of Group Reunions, through honest sharing of the experiences of Christian Leadership.



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# **The Cursillo Weekend**

**Growing  
Christ-Centered  
Leaders**



**The Cursillo Movement  
in the  
Diocese of Olympia**

**See Our Website  
[www.olycursillo.org](http://www.olycursillo.org)**

## The Three Days

A Cursillo weekend brings together a diverse group of Episcopalians to share the richness of many modes of worship and to broaden each one's appreciation for our Church. Lay people conduct the weekend with two or three members of the clergy functioning as spiritual advisors. Cursillo presumes that those who attend are already well grounded in the faith. It is not intended to be a conversion experience but an enriching and deepening of what is already there. It often provides new insights into our faith as well as fostering ministry among lay people.

The weekend begins Thursday evening with meditations and Compline. Then blessed silence is kept until after worship on Friday morning. Following breakfast, participants are assigned to table groups for the weekend. The three days are filled with talks and group discussions with emphasis on the doctrine of Grace, the Sacraments, and the great Cursillo tripod: Piety, Study, and Action. Plus there is fellowship, singing, good food, and time for privacy, meditation, prayer, and walks. Eucharist is celebrated each day.

## There are no Secrets!

You may have been told by some who have attended a Cursillo weekend that they cannot tell you what Cursillo is all about, or what goes on during the weekend. **Nothing could be further from the truth.** Everything that goes on during the weekend may be told to anyone.

The first Cursillos were developed in the Roman Catholic Church in Mallorca, Spain in the late 1940s. Under the leadership of their bishop, several laymen began to formulate a way to draw active laymen into the work of "Christianizing" the everyday life settings where they lived. Because of its Spanish heritage, the following are meanings of Spanish terms you may have or will hear.

**Cursillo**—*Kur-SEE-yo* An intensive three-day short course in Christianity.

**Rollo**—A short talk. There are 15 Rollos on the weekend, given by Lay and Clergy. The 15 Rollos form the message of the weekend.

**Palanca**—A word which means to lean or to be a lever. We use a lever to overcome resistance. Palanca is the prayer and sacrifice made on behalf of the new candidates on the weekend.

**Ultreya**—A word of encouragement and greeting meaning "onward" or "keep going" on our Christian walk. It is also used to describe a larger meeting of prayer and worship for sharing and community support.

## Weekend Talks

The weekend consists of 15 talks (Rollos) and five meditations. The focus and message of the weekend Rollos are:

**Ideal**—The need to have goals and objectives in life to be fully human.

**Grace**—The call to be a full Christian person and to have a personal relationship with God and Jesus Christ.

**Laity**—The call to Christians to be active members of the People of God (The Church).

**Faith**—We must accept God's call freely and make it fruitful.

**Piety**—Living in union with Christ and to be in His presence.

**Study**—We need to grow in the life of faith. In study, we hear God's word speaking to us.

**Sacraments**—Encounters with Christ in the Church makes possible the fullness of a relationship with Christ.

