



The Colors

Episcopal Cursillo Newsletter • Diocese of Olympia • Spring 2010

In This Issue:

- Cursillo Myths vs. Realities
- Spring Cursillo Candidates
- Better Grouping Discussion
- Co-Ed Weekend Info / Q&A
- Upcoming Event Info

MYTH PERCEPTIONS

-WHAT IS CURSILLO?

A secret society.

Only a lay movement.

Spiritual Therapy.

Just about the Weekend.

Have you heard any of these? We have. When potential sponsors approach people who might otherwise become significant volunteers within Cursillo, these are some of the reasons they hear for not joining. For more on this, see the discussion on page 2-3.

Not getting the Colors?

If you know of someone who is not receiving the colors, please direct them to the Cursillo Website, where they can download the 'profile' form. Mailing their updated profile info to the Cursillo office will get them back on the mailing list. This is also how Rectors and Rectoras receive names of potential team members!

www.olykursillo.org

**"At that moment the curtain of the temple was torn in two from top to bottom. The earth shook and the rocks split."
-- Matthew 27:51**

Jesus literally shook the world. He changed it and changes us – each and every day. Change is inevitable. Change is the only constant that we can rely on.

At the beginning of a Cursillo weekend during the opening talk we are asked to be open to the ideas presented. To bring our idealism and that we will not be forced to do anything that makes us uncomfortable. Through the weekend, we change. We change the way we think about our lives, our direction, our actions.

A couple of articles ago, I addressed the state of the Cursillo Movement in this Diocese - that it is alive and well, fiscally sound and that participation is improving. That said, we have taken a hard look at how to improve what we offer to the people of this Diocese.

And the movement is changing.

Conversations among the Secretariat, with Bishop Greg and with the National organization have led us to offer our first Co-Ed weekend, which will be held in November 11-14, 2010.

As this issues goes to press we have selected a site, the Lakeview Conference Center in Auburn, and we'll be announcing the leader at the Spring Clausuras. Please check the website for updates. There are more FAQs elsewhere in this edition.

The time is now to begin prayerful consideration of inviting people who have not attended a weekend, even if they have turned down invitations in the past.

Jesus shook the world and opened a gateway. He called us to

Go forth and make disciple of all nations...

Ultreya!

Cindy Remick, President

'Myth' Perceptions or Facts?

There has been quite a bit of discussion lately in various venues (on-line, email, and in-person) about how the Cursillo Movement is perceived by non-members. Some of these perceptions (e.g. 'Cursillo is a movement for greyhairs') appear to be accurate (average age for our members is over 50). Other perceptions (e.g. 'Cursillo is a secret society', or 'It is fundamentally spiritual therapy') didn't ring true, at least initially.

In this issue, we had originally intended to have a series of segments featuring descriptions of the most commonly repeated perceptions, accompanied by a discussion of what we felt were more accurate views. However, in the course of checking our facts, we stumbled across a realization: while some of these perceptions don't appear accurate for the whole Puget-Sound organization, there may be pockets of behavior within the larger organization that **do** fit each of these perceptions.

Some of these perceptions are off-putting, and have been cited as reasons for potential members, particularly younger ones, to decide not to join us. This suggests that we have some discussion and normative work to do as a group: if these off-putting perceptions are accurate, then what is it that we need to change? If they are not accurate overall, are they perhaps true in some places but not others? (this does seem to be so, at least in some cases)

And finally, if some perceptions from non-members aren't accurate, are there still things that we do that support those misperceptions instead of preventing them?

Volunteerism: How to connect/work a week-end

How does one go about volunteering to be on a Cursillo weekend team? First, here is how a team is created. Rectors/as are first called about 6 months prior to the actual weekend. Among their first tasks is to call their core team (Vice Rector/a, Spiritual Director, Kitchen Chef, Palanca Chief, Chas and Head Musica). The core team then calls and assembles their group-teams. Both core and group-teams are selected from a list of volunteers supplied by the Secretariat. Team members are selected based on some simple core rules:

- Team members are expected to be active in their congregations and in group, actively living out their Piety, Study, and Action.
- Only a few team members can be from the same congregation
- There should be a good blending of new Cursillistas and experienced team members.
- Team members cannot have worked a weekend in the prior 18 months (core team exempt).

Of course the selection process occurs with a heaping dose of prayer and discernment.

So back to the original question... How *do* you get connected to a team? Complete a Cursillista Profile. Profiles are available at the Cursillo website: <http://www.ecww.org/min/cursillo/profile.htm>
Or email the Cursillo Office: cursillo@ecww.org.

We can Change – we will.

With this issue of *The Colors*, we are asking you, the Cursillo Community, to prayerfully consider change. Perhaps not drastically for some of you, but for others this may be so. What are we asking you to change?

We are asking you, the Cursillistas of the Diocese of Olympia, to be open to your friends about what Cursillo is, what you will do, what will happen during a weekend. We are asking you to not keep secrets about any aspect of a weekend. There are few requirements for a weekend, all should guide participants to a living-out of our 4th Day Commitment to Group regularly, attend Ultreyas and become involved in our own churches and communities.

So if you have not attended a Cursillo weekend, please continue reading this entire issue – we hope to dispel at least some of the myths and 'secrets' about what you may have heard, or NOT heard, about Cursillo.

We are a loving community of believers, committed to being held accountable for our apostolic action in the world. During a Cursillo weekend, we love and serve you. It comes out in a variety of ways, from talks prepared by your brothers and sisters in Christ, through nice meals and special services planned carefully by the leaders. There is nothing weird or 'cultish' and...

... **There are no secrets.**

ON THE WEB...

The current and past editions of *The Colors* are also available online. The current edition is usually posted several weeks before the edition appears in mailboxes. www.olycursillo.org

- Sample palanca request letter
- Links to Cursillo merchandise,
- List of weekends around the world.

“All about the Weekend” – Or Leadership Training?

There is a lot of focus on ‘the weekend’ within the Cursillo Movement, for a variety of reasons. From a practical standpoint, it takes a lot of time and energy to plan, organize, and hold a Cursillo weekend. Is that all there is? This suggests a question of what Cursillo is really about – what *is* our raison d’être?

‘All about the Week-end’

So much organizational energy is spent on the seasonal Cursillo weekends, that it’d be easy to think that’s all the movement does – About half of the roles on the Secretariat are defined around the weekends. This makes sense, given that the weekend is the best tool we have so far for bringing new members up to speed. And yet, it is not all that we do. We also send Palanca to other 4th-day programs around the world, coordinate with other 4th-day programs locally, and work to remain aligned with other groups within the Diocese.

Got Leaders? Yes we do.

The local Cursillo movement trains a significant number of leaders. These people are usually active in their own congregations, and at the regional/Diocesan level.

- 102 congregations in the Diocese
- >120 experienced leaders trained to coordinate and manage teams and logistics that create a Cursillo weekend.
- ~80 additional leaders in the latter stages of this training, with many levels of experience.
- ~75 new members each year
- >3400 individuals receiving this newsletter within the Diocese, including well over 100 clergy

The Secretariat maintains a database of volunteers, including those interested in other ministries within the Diocese.

From: National Episcopal Cursillo Organization, describing what Cursillo is for:

GROWING CHRIST-CENTERED LEADERS

What Episcopal Cursillo® Accomplishes:

For Congregations

- Accelerates the process of conversion for lay persons
- Enables new ministries
- Builds leadership in individuals and teams of workers for the Kingdom
- Encourages diversity by reaching out to all of God's children
- Inspires people to share their gifts of time, treasure, and talent
- Helps the clergy accomplish their goal of building communities that seek to live out the Great Commission

For Dioceses

- Grows Christ-centered leaders to help the bishop fulfill his/her apostolic plan for the diocese
- Builds ministers who participate at every level of diocesan planning and ministry
- Encourages generosity toward the diocese as a response to God's generosity toward us
- Works to incorporate new populations into the life of the diocese
- Encourages partnership between clergy and laity
- Trains evangelists to share the Good News
- Fosters inter-parish communications and relations

For the Church

- Provides what our Presiding Bishop has called "the most important tool for evangelism" in the Episcopal Church
- For more than 30 years has been working to accomplish the goals newly-stated in the 2020 program
- Focuses attention of laity and clergy on mission - the purpose of the Church
- Helps export this valuable tool of evangelism to other regions and countries Puerto Rico, England, Cuba, Mexico, Australia, New Zealand, the Virgin Islands, Belize, Ghana

Help us to live out our mission:

To grow Christ-centered leaders for the Church

That we may know Christ and to make Him known!



MEN'S SPRING CURSILLO

ST. Paul's Episcopal Church
2117 Walnut Street
Bellingham, WA 98225-2836

April 29 - May 2
(360) 733-2890

Theme: "Be still, and know that I am God" - Psalm 46:10

- Mañanitas:** 5:30 am Gather in the dining hall
Clausura: 3:00 pm Meet in Sanctuary starting 2:30. Child care available for <5.
 Everyone 5 and older is welcome to join the community in the Sanctuary.
Palanca: We encourage *hand-written personal notes* telling candidates of the prayer and sacrifice offered on their behalf. Send or deliver palanca to the above church address.
DO NOT MAIL IT TO THE CURSILLO OFFICE.

<u>Candidate</u>	<u>Church</u>	<u>Sponsor(s)</u>
Phillip Cummings	St Luke, Renton	Stan Burgess
Wade Dingman	St Paul, Bellingham	John Hoyte
Roger Flores	St Luke, Renton	Everett & Debora Whiteside
David Guenther	Holy Cross, Redmond	Joshua Venters
John Heberling	St Hilda St Patrick, Edmonds	Mike Rizzotti
Ryan Knight	St Paul, Bellingham	Dick Whitmore
Phil McClelland	St Alban, Edmonds	Larry Remick
Steve Moen	St Mark's Cathedral, Seattle	Steve Bates
Jeremy (Micah) Parker	St Hilda St Patrick, Edmonds	Michael Rader
David Powell	Northshore Baptist, Bothell	Barbara Hatt
Barney Smith	St Paul, Bellingham	Dick Whitmore
Joseph (Joe) Thomas	St Columba, Kent	Rod Blalock
Dave Wagner	St Columba, Kent	Doug McFayden
Lawrence Walton	St Paul, Bellingham	Tru Horton & John Matzinger
Ian Winn	St James, Kent	Craig McKelvey

Core Team: Dave Figge, Rector; Gordon Baxter, Vice Rector; Dave Brumbaugh, Musica; Mike Knowles, Chef; Val Brustad, Palanca; Tom Lynch, Mark Espe, Chas; Dick Whitmore, Action

Spiritual Team: John Thompson, Dick Scott, Chuck Whitmore, Brian Wright

Palanca: Val Brustad, Rocky Champagne, William Cox, John Hoyte, David Morrison, Philip Quartararo, James Watkins

Kitchen: Mike Knowles, Richard Flastrom, Matthew Finnigan, Stephen Gregory, James Hearne, Kevin Knowles, Patrick Orth, Bruce Pitts

Rollo Room: Dave Avolio, Rick Bautista, Bark Dolby, Charlie Gadzik, Dan Hiatt, Chris Johnson, Gary Lampman, Larry Marta, Doug McFayden, Jim Miller, Dave Savage, David Zielke

Music Team: Dave Brumbaugh, John Cannon, Dave Coburn, Al Francisco, Dave Paisley

Love Team Coordinator: Dick Whitmore (360) 739-8401

Agape Coordinator: Julie Evans (206) 229-7914

Directions to St.Paul's Episcopal Church:

From I-5 from North: Lakeway Exit

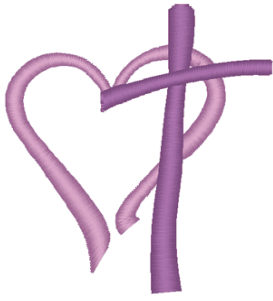
Turn right at stop sign, onto Lakeway Drive, then:

I-5 from South: Lakeway Exit

Turn right at stop sign (King Street)

Turn right at first stop light, onto Lakeway Dr.

Continue on Lakeway Drive under the freeway to the second light. Road bends slight to the right, then road-name changes to Holly Street. Continue on Holly, all the way through downtown, to the far end of Holly at Walnut. Turn right onto Walnut, parking is across the street.



Women's Spring Cursillo

St. James Episcopal Church
24447 94th Ave S
Kent, WA 98030

May 13 - 16

(253) 852-4450

Theme: "Whatever you do, do in Love. Be on your guard; stand firm in the faith; be courageous; be strong. Do everything in love." -- 1 Corinthians 16:13-14

Mañanitas: 5:15 am. Gather in the gym. Park in front, walk to left of main building

Clausura: 3:30 pm. Gather in the Sanctuary. No childcare available.

Palanca: We encourage *hand-written personal notes* telling candidates of the prayer and sacrifice offered on their behalf. Send or deliver palanca to the above church address. **DO NOT MAIL IT TO THE CURSILLO OFFICE.**

<u>Candidates</u>	<u>Church</u>	<u>Sponsor(s)</u>
Julie Amdal	Trinity, Everett	Evie Beard, Pat Grodt & Brenda Congdon
Lorain Brinton	St Paul, Bellingham	Mary Horton & Chris Attebery
Jean Brown	St Luke, Sequim	Lyn Michalski
Sarah Clinton	St Hilda St Patrick, Edmonds	Carol Rypkema
Shirley Durgan	St Matthew, Browns Point	Jill Little
Jennifer (Jane) Keenan	St John, Gig Harbor	Robbie Inglis
Lisa Kelly	St John, Kirkland	Bernice Atwood
Lindsay Knight	St Paul, Bellingham	Holly Wood & Jen Buchanan
Diane Lancaster	St George, Maple Valley	Karen Whitley
Dawn Meade	St Aidan, Camano Island	Kara Hunt & Sally Calligan
Fran Nielsen	Sequim Bible, Sequim	Lyn Michelski & Tatiana Traylor
Sandra Osborn	Central Kitsap, Presbyterian	Suzi Hubert
Beverly (Bev) Painter	St John, Gig Harbor	Joyce Violette
Denice (DeDe) Patrick	St Hilda St Patrick, Edmonds	Sue Shepherd, Nora Cheek & Eileen Bernat
Kaycee Parker	St Hilda St Patrick, Edmonds	Sharon Rader
Paula Phipps	Saint Aiden, Camano Island	Ann Morgan
Susan Rolfe	St Andrew, Aberdeen	Carol Thomas
Amy Squire	St Hilda St Patrick, Edmonds	Sue Shepherd, Eileen Bernat & Nora Cheek
Katheryn (Kate) Stevenson	St John, Kirkland	Nancy Laswell
Jennifer Tapley	St James, Kent	Claudia Breland
Chris Thomas	Holy Cross, Redmond	Ashley Watkins
Gretchen Van Blair	St Andrew, Port Angeles	Mary Reynolds
Nan Waldie	St Margaret, Bellevue	Barbara Jabbusch
Julene Wright	Trinity, Everett	Evie Beard & Brenda Congdon
Daini Xie	St John, Kirkland	Karen Sjostrom

Core Team: Deb Walrath, Rectora; Cindy Remick, Vice Rectora; Jo Moore, Anne Scott, Chas; Michelle Coburn, Action Coordinator; Kris Souza, Musica; Sharon Rader, Chef; Tisha Helmer, Palanca

Spiritual Team: Cynthia Espeseth, Marda Steedman-Sanborn, Phyllis McCormick

Palanca: Jean Ann Helmer, Debbie Bounds, Meredith Zeltner, Claire Alkire, Sharon Parker, Jenny Pascal, Anne Affleck

Kitchen: Judy Fleenor, Kathy Clark, Karen Francisco, Susan Lindsay, Kristi Champagne, Liz Reed

Rollo Room: Holly Bocchi, Debbie Hiatt, Carol Pinsloo, Kati Giddings-Johnson, Val Kelley, Liz Bee, Susan Shevlin, Jen Buchanan, Mary McClellan, Della Dolby, Judy Drummond, Pat Grodt, Mary Reynolds, Sue Shepard, Laura Brustad, Carol Rypkema

Music Team: Nadine Baxter, Julie Evans, Karen Helmer

Love Team Coordinators: Greg Walrath (206) 963-4456, Karen Fisher (253) 569-8613

Agape Team: Becky Clark (253) 946-8067 (sak_kich@comcast.net)

Directions to St.James Kent: (on page 6)

Directions to St. James Kent: 24447 94th Ave. S

From 167 south, take the Central Ave. Exit in Kent
Go left on Central Ave and follow about a mile.
Go left on James Street (school and gas station on left).
Go up the hill to 94th Ave (light at mid-hill), turn right.
(Careful! Speed Trap! speed limit is 25 I think).
Follow 94th ave about 1/4 mile.
St. James is the second church on the right.

From 167 North, take the Willis St. Exit,
Go to Central St and turn left.
Continue on Central and turn right on James
Go up the hill and turn right on 94th.
St. James is the 2nd church on the right.
24447 94th Ave S
(not the most direct route, but simplest)

Group Reunion: How it works for me

The practice of meeting in group reunion is now a vital part of my life. The reunion process keeps me engaged in my daily devotion. This spiritual discipline isn't the vital part, but it is important. When I keep to this practice, my internal 'compass' seems better aligned, my understanding of the events around me is deeper and my compassion for the others in my life is strongest. When I fall into the error of missing this practice for more than a few days, I notice later that my awareness has been shifted – that my ego has been putting 'me' first.

In the 60's and 70's, I had the luxury of hiking and camping frequently in the Oregon cascades; and I spent many hours in reverie and private communion. This connection seemed truer, somehow more direct and more honest than participating in what I saw as empty rituals performed in the churches of the towns near my home. In retrospect, it was also because my heart hadn't matured enough to understand others. I still treasure moments like this – they remind me of the Zen practice I followed for many years after – but I've found something better.

Tips for improving Group Reunion

- When first forming or adding new members, take time to get to know each other. This builds trust and speeds the opening process that leads to sharing more deeply.
- Be sure to focus on what God is doing – it is not a gossip session (or politics or sports).
- Be flexible, but accountable.
- Be inflexible to giving up group. Strive to keep it #1 on your list of commitments and priorities.
- If the group is inconsistent, try meeting at a different time/day to see if there is better commitment.

Each group develops their own approach to using the outline from National. For newer groups, the outline helps put a solid discipline in place. For more established groups, especially larger ones, the outline can come to seem limiting, preventing deeper discussion. Be cautious in moving away from the outline, though as it is easy to lose focus.

Many groups that later dissolve point back to the decision to move away from the outline as a mistake.

Today I find more value in community. When I depend only on myself, eventually I awaken to find that I've drifted away from my good intentions. When I join with others, something else happens that serves to keep me on track.

It is the interaction between the daily devotion and the weekly group reunion that really works best for me. The daily devotional work serves to keep my ego at bay and to keep me open to others around me. This is necessary, but not by itself sufficient. The group process, in the context of my daily practice, is what grounds me best: Listening to men I have come to know and deeply respect as they open their hearts and share the steps and miss-steps along their paths. This is valuable on its own, but in the context of daily devotion, this time is priceless. It is not just calibration and alignment spiritually – it *is* that, but more besides. We are not the same; our experiences are quite different – yet each of us is actively engaged and growing in the various roles we are called to fill. Our steps are different, yet our different paths share a deep similarity. As we share together, we each come to understand ourselves and our walks through life better. We're not just walking alone, whether in town or out in the woods. We're all walking with Jesus, and that *is* the vital part.

Henry Nielsen
Secretariat Communications

Co-Ed Cursillo: Questions & Answers

Co-Ed weekends have been proposed in the past, but not accepted. Why now?

Co-ed weekends give us more flexibility to meet a variety of candidate needs. Co-ed weekends are actually the norm in many Dioceses across the US. Gender-specific weekends are also common – both models appear to work well, so we hope to use both here to better reach more candidates.

Will the weekend be just for married couples?

No. The weekend will be open to all. Married couples wishing to attend together should indicate this preference on their applications.

How will you handle sleeping arrangements?

Men and women will have separate sleeping areas. Spouses will not share rooms, and teams will also sleep separately by gender. These factors also affect potential facility locations since some locations that can server gender-specific weekends won't have enough space for a co-ed weekend.

Is there a new application?

For now we are using the same application. If your candidate would prefer the Co-ed weekend, you may simply write 'Prefer Co-Ed Weekend', on the application (similarly, for those who'd prefer a gender-specific weekend).

What if my candidate is invited to one weekend and prefers a different format?

As always, invitations to weekends can be declined. If your candidate is invited to a Spring Women's weekend and they prefer a Co-Ed weekend, they can simply decline the first – they'll automatically be invited to the next session.

What will the cost be?

This will depend on the facility. We are striving to keep the cost at the same \$90 level, but we may have to raise this some if we use a facility other than a church.

Will there be equal numbers of men and women?

We don't know. Attendance at men's weekends is typically lower than at women's weekends. This is similar to attendance levels nationally as well as in the Via de Cristo movement locally.

Are we switching completely from same-gender to co-ed, or is this a 1-time experiment?

We hope to have Men's and Women's weekends in the spring and a Co-Ed weekend in the fall, but we'll adapt to the demand.

Will anything else be different?

No, not really. We are fortunate to have a thriving community that is working well. We also have open communication with the Via de Cristo (Lutheran) movement in Western Washington. They have answered some of our questions and have been very supportive. We have also been in contact with the National Cursillo community for additional information. As always, we leave the discernment to the called Rector/a to plan a weekend.



**CURSILLO ON
FACEBOOK**

The Olympia Cursillo Facebook-page is here:
<http://www.facebook.com/group.php?gid=89043026091>

Cursillo Movement
Diocese of Olympia
1551 Tenth Ave E
PO Box 12126
Seattle, WA 98102

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TIME DATED MATERIAL
PLEASE DO NOT DELAY

Dear Cursillo Community,

The Spring Cursillo Teams invite you to attend:

Men's Clausura	May 2 at 3:00pm	St. Paul, Bellingham
Women's Clausura	May 16 at 3:30pm	St. James, Kent

Please join us to welcome the newest Cursillistas, sing along to the music, and enjoy the fellowship.

-- Deb Walrath, Dave Figge, and their teams

FOURTH DAY CELEBRATION

When?

Saturday June 5th, 2010

Where?

Christ Episcopal Church, 210 Fifth Street Puyallup • 253.848-2323

What time?

Registration 9:00 a.m. Program begins at 10:00 a.m.

Who should I bring?

Sponsors, bring your candidates!

What about lunch?

A light lunch will be provided, or you can bring your own brown bag

How do I get there?

I-5 or Valley Hwy to SR-512. Take Pioneer exit; turn left onto Pioneer. Drive past the church, turn left on 6th & park at 6th & W Meeker.