



# The Colors

Episcopal Cursillo Newsletter • Diocese of Olympia • Fall 2009

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## ON THE WEB...

The current and past editions of *The Colors* are also available online. The current edition is usually posted several weeks before the edition appears in mailboxes.

Point your web browser to:  
[www.olycursillo.org/colors.htm](http://www.olycursillo.org/colors.htm)

Please remember to notify the Cursillo office when you move or change your phone number or email address. We want to be sure you receive news and notifications. And if you would like to work a weekend, Rectors and Rectoras need this contact information to get in touch with you.

Other good stuff at our website:  
[www.olycursillo.org](http://www.olycursillo.org):

- Up-to-date changes to the weekend team and candidate rosters:  
[www.olycursillo.org/weekends.htm](http://www.olycursillo.org/weekends.htm)
- Cursillista Profile form (lets us know who is interested in working a weekend):  
[www.olycursillo.org/profile.htm](http://www.olycursillo.org/profile.htm)
- Sample palanca request letter, links to online sources of Cursillo-related merchandise, and a list of weekends around the world at  
[www.olycursillo.org/links.htm](http://www.olycursillo.org/links.htm)

## Christ is Counting on YOU!

I am pleased to be serving as the new President of the Secretariat this year. Matthew Finnigan did an awesome job and I know that I have some tough shoes to fill and hope that I fill them well.

In the last two years, we have faced many challenges. Two short years ago when I joined the Secretariat we were faced with a struggling community, post-poning a weekend due to a lack of candidates, and a budget reserve that was dwindling.

As the Secretariat moved through these challenges, we were thrilled to experience such a swift turn around. Weekends are growing again, congregations receive updated information about Cursillo, and, while remaining fiscally responsible, the budget no longer carries the burden it had at one time. We have worked hard and have a presence at Convention each fall and in the National Episcopal Community, and we continue to dispel the secrecy that has surrounded Cursillo in the past. This is indeed an exciting time for our Cursillo Community!

In the coming year we plan to stay in contact through the Congregation Contact program so that all members of the Diocese, from Blaine to Vancouver and Forks to Issaquah have the information available to them to help grow the leadership in their churches. Which of course leads me to Sponsorship....

Matthew wrote in the last newsletter about the potential effect of sponsoring "one man and one woman from each church, each year". One of the difficulties that we faced last year, lack of candidates, has improved, but the battle is far from over. What would have happened if Jesus stopped at 12? It is through the sponsorship of leaders and potential leaders in the church that we are able to serve two purposes: continuing a worldwide movement in our own backyard and buildings, encouraging and equipping leaders in our churches.

In that same article we were challenged to step off the time worn path in identifying and sponsoring those who can, should and will attend a weekend and carry the method forward in their everyday lives. So, I continue to challenge you, and will take it a step farther-step across the generation gap-all of us have something to contribute- and don't wait for someone else to identify and sponsor someone...remember Christ is counting on YOU!

Ultreya!

Cindy Remick, President

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## MEN'S FALL CURSILLO

**Date:** September 24–27, 2009    **Location:** Christ Church  
310 North K Street  
Tacoma, WA 98403  
(253) 353-1569  
[www.ccptacoma.org](http://www.ccptacoma.org)

**Theme:** “Who of you by worrying can add a single hour to his life?...Seek first his kingdom...” Matt 6:27, 33

**Mañanitas:** 5:30 a.m. Gather in the narthex and church.

**Clausura:** 3:30 p.m. Gather in the church. Sorry, child care will not be available.

**Note on Parking:** Parking at Christ Church is primarily street parking. There are reserved parking areas for residents-only that require a permit. A lot adjacent to Christ Church is available on Sundays.

**Palanca:** We encourage *handwritten personal notes* telling candidates of the prayer and sacrifice offered on their behalf. Send palanca to the above church address or deliver it to the church during the weekend. **DO NOT MAIL IT TO THE CURSILLO OFFICE.**

<b>Candidate</b>	<b>Home Church</b>	<b>Sponsor</b>
Allan Affleck	Emmanuel, Mercer Island	Bob Lewis
Jeff Cheek	St Hilda St Patrick, Edmonds	Michael Rader
Reginald Daniels	St Paul, Bremerton	Michael Adams
Duane Drummond	Faith Church, Kingston	Jim Aurand
David Guenther	Holy Cross, Redmond	Josh Venters
Richard Hempel	St Luke, Sequim	Roger Uhden
John Leech	St Alban, Edmonds	Larry Remick
Tomi Matokovic	St Aidan, Camano Island	Jim Miller
Bob Robie	St Luke, Sequim	Ridelle Roper
Soren Sorenson	St Luke, Renton	Stan Burgess
James Watkins	Holy Cross, Redmond	Dan Hiatt
Mike Wray	St Philip, Marysville	Lloyd Trout

**Core Team:** Rector Larry Remick, Vice Rector Ted Ederer, Spiritual Director The Rev Scot Wright, Musica Greg Walrath, Chef Mike Knowles, Palanca Chief Pat Carroll, Rollo Room Cha Pat Kelley, Action Cha Ed Leonard, Action Coordinator Matthew Finnigan

**Spiritual Team:** The Revs Cynthia Espeseth and Jack Tench

**Palanca:** Gordon Baxter, Rick Colombo, Lloyd Filkins, Hal Snyder, Lloyd Trout, James Ullstrom, Josh Venters

**Kitchen:** David Abbott, Allen Feris, Tim Lindberg, Jerry Meyer, Charles Smith, Ron Stevenson, Charlie Storrs

**Rollo Room:** Trevor Bryant, Coe Hutchison, Dan Irwin, Ben Johnson, Jim Miller, Rich Olmer, Dave Savage, Jeff Webber, Sam Wheeler, Dick Whitmore

**Music Team:** Michael Radar, Jeff Hiatt

**Love Team Coordinator:** Oscar Peterson (253-568-1011)

**Agape Coordinator:** Cindy Remick (425-478-3888)

**Directions to Christ Church, Tacoma** From North- or South-bound I-5: Take Exit #133 merge onto I-705 (City Center); Take the Stadium Way Exit; turn Right on Stadium Way. Turn Left on Division and Right onto North K Street. Church is on the left.

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## WOMEN'S FALL CURSILLO

**Date:** October 8–11, 2009

**Location:** St. John  
114 20<sup>th</sup> Ave SE  
Olympia, WA 98501

**Phone:** (360) 352-8527  
[www.stjohnsoly.org](http://www.stjohnsoly.org)

**Theme:** "Blessed are the people who trust in the Lord, and rest their confidence upon Him. They shall be like a tree planted by the waterside, that stretches its roots along the stream. When the heat comes it has nothing to fear; its spreading foliage stays green. In a year of drought it feels no care, and does not cease to bear fruit."

Jeremiah 17:7–8

**Mañanitas:** 5:30 a.m. Gather in the church.

**Clausura:** 3:30 p.m. Gather in the church. Sorry, child care will not be available.

**Palanca:** We encourage *handwritten personal notes* telling candidates of the prayer and sacrifice offered on their behalf. Send or deliver palanca to the above church address. **DO NOT MAIL IT TO THE CURSILLO OFFICE.**

<b>Candidate</b>	<b>Home Church</b>	<b>Sponsor</b>
Anne Affleck	Emmanuel, Mercer Island	Andi Lewis
Yonnah BenLevy	St Aidan, Camano Island	Ann Morgan
Eileen Bernat	St Hilda-St Patrick, Edmonds	Gretchen Weiss-Elliott, Deb Walrath, The Rev Cynthia Espeseth
Holly Bocchi	St Mary, Lakewood	Laura Lloyd
Jean Brown	St Luke, Sequim	Lyn Michalski
Jen Buchanan	St Paul, Bellingham	Holly Wood & Debbie McMeel
Nora Cheek	St Hilda-St Patrick, Edmonds	Debbie Lindhardt
Joan Dietrich	Holy Cross, Redmond	Heidi Morrison
Shirley Durgan	St Matthew, Brown's Point	Jill Little
Judy Fleenor	St Alban, Edmonds	Maryellen Young
Karen Francisco	St Columba, Kent	Linda Potter
Julie Friedland	St James, Kent	Jacque Alvernaz
Deanna Gale	St Matthew, Auburn	Becky Clark & Nadine Baxter
Teresa Guenther	Holy Cross, Redmond	Melissa Holmes
Kristee Massenburg	St James, Kent	Denise Brumbaugh
Michelle Meeker	St Columba, Kent	Diane McFayden
Caroline Methvin	St Andrew, Aberdeen	Bette Worth
Mary Moore	St Benedict, Lacey	Margie McGinley
Lauren Semerad	St Mary, Lakewood	Mindy Haynes
Sally Soran	St James, Kent	Penny Shannon
Suzie Sund	St Benedict, Lacey	Liz Bradford
Joan Vance	St Benedict, Lacey	Gail Rolfe
Katy Venters	Holy Cross, Redmond	Mary Michael Garlichs
Lottie Walker	St Luke, Renton	Yvonne Burgess
Ashley Watkins	Holy Cross, Redmond	Sue Dimmitt

**Core Team:** Rectora Kris Souza, Vice Rectora Nadine Baxter, Spiritual Directors The Revs Mary MacKenzie & Whitney Devine, Musicas Tisha Helmer & Deb Walrath, Chefs Roberta Newell & Maggie Scott, Palanca Chiefs Meredith Moses & Julie Evans, Chas Karen Helmer & Edie Carroll, Action Coordinator Karen Fisher

**Spiritual Team:** The Rev Gen Grewell, Archdeacon

**Palanca:** Michelle Coburn, Karen Chapman, Starr Knutson, Karen Rongren, Sarah Shao-McVay, Debbie Apollonio, Christine Hill

**Kitchen:** Karen Claussen, Susie Hubert, Gayle Powell, Alice Bertram, Bette Worth, Kate Russell, Debbie McSwain

**Rollo Room:** Kathy Couch, Brenda Rolfe-Maloney, Becky Clark, Amy Metting, Pat Grodt, Kathie Forbes, Cindy Holeman, Gretchen Weiss-Elliott, Claire Webbeking, Toni Peters, Ann Morgan, Sharon Rader, Shelley Armer, Cindy Remick, Holly Wood

**Music Team:** Molly Strausberg

**Love Team Coordinator:** Pat Kelley (253-381-0102)

**Agape Team:** Karen Whitley (253-833-2934)

**Directions to St John, Olympia** *From I-5 North or South:* Take exit 105 toward State Capitol/City Center; keep left taking State Capitol exit, stay straight to go onto 14th Ave SE. Turn left onto Capital Way S. Turn left onto 19th or 20th Ave SE.

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### ***Palanca Best Practices: Guidelines for powerful witness***

When we made our Cursillo one of the really amazing moments was when we “received our Palanca”. Then when we know others who make their Cursillo weekend we excitedly send “Palanca” to encourage them to keep the Spirit alive. We need to remind ourselves of just what **Palanca** is and what it is not.

‘Palanca’ is, loosely translated, a ‘lever’ or something that assists in accomplishing a task. Therefore, Palanca is actively translated to be “Prayers and sacrifice on behalf of another”.

‘Palanca’ is not a cross to carry in your pocket or a note on some cute paper, or a poem or drawing. These items can be symbols of the prayers and sacrifice made on someone’s behalf, but it is not Palanca in and of itself.

Serving a meal for the left-at-home family, driving the kids to school when the carpooling parent is gone for the weekend, providing child care services for the family when necessary, and providing any care-giving service to free up a person to be available to leave home – these are a few examples of sacrificial Palanca.

The communication of these acts of sacrifice is extremely meaningful. Sometimes these acts are group endeavors and it may be appropriate to communicate these prayers and sacrifices in a general manner through posters. We do receive many posters from throughout the world because we promote our weekends through websites that have been set up specifically for this purpose. It is extremely meaningful to the “candidates” to see communications from their church family supporting them with prayers and sacrificial action during the weekend. We would encourage these posters in large poster-board format for the hallways and sleeping areas. A poster communicating some act of Palanca is a sign of being continually surrounded by the prayers of God’s people.

### **Heart-felt appreciation for long-standing service**

Charlie Foster who has been creating the Crosses for the weekends is now passing this service on. On behalf of all Cursillistas in the Diocese of Olympia, We would like to thank him for his years of dedicated service, and the time and care taken with each and every Cross that was created.

THANK YOU Charlie...well done good and faithful servant



### **CURSILLO ON FACEBOOK**

We are now on Facebook. If you are on Facebook, and would like to join our group, our name is “Cursillistas of Olympia Diocese.”

The internet address is: <http://www.facebook.com/group.php?gid=89043026091>

### **Not getting the Colors?**

If you know of someone who is not receiving the colors, please direct them to the Cursillo Website, where they can download the ‘profile’ form.

Mailing their updated profile info to the Cursillo office will get them back on the mailing list. This is also how Rectors and Rectoras receive names of potential team members!

[www.olycursillo.org](http://www.olycursillo.org)

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## Thank you, Dan Hiatt

For several years now, Dan Hiatt has graciously been allowing us to store our trailer adjacent to his office. We thank you Dan, for providing a convenient home for the trailer, for towing it on occasion, and for allowing us to 'mess up' the parking strip when cleaning it out.

## Trailer needs new Home

We are now looking for a new location to store our trailer on a permanent basis. The trailer is insured and locked. It takes up no more room than a regular size pick-up truck. In the past the trailer has been stored at various churches throughout the Diocese, businesses that are owned by Cursillistas (if allowed, of course) or some other location. Willingness to store the trailer does not mean you have to be able to tow it to weekends. If you, your congregation or any other location can accommodate storage, please contact Edie Carroll or the Cursillo office. Our e-mail addresses are on the [www.olycursillo.org](http://www.olycursillo.org) website.

## Cursillo from outside

Within our Diocese, many outside the Cursillo community still view us with stereotypes: 'secret society', 'oriented towards the emotional experience', and 'exclusionary' are all descriptions used toward us within this year. While not new, this does mean we have more work to do in improving our relationships throughout the Diocese. Prayerful discussion is encouraged to help us bridge the gaps between the Cursillo community and the rest of the Diocese.

## BEST PRACTICES: SPONSORSHIP

Sponsorship is the heart of Cursillo: making a friend, being a friend, and bringing a friend to Christ. The heart of a Cursillo weekend is empowering candidates to go back home to their faith communities to become leaders within their parishes. This requires solid, responsible sponsors.

Responsible sponsorship provides a wonderful bond with a prospective candidate. Personal familiarity is vital in preparing the candidate for the weekend as well as in preparing the community for the arrival of their candidate. In preparing the candidate, the sponsor needs to be open and honest about what a weekend includes. A difficulty arises here about what to say. It's simple enough to talk about the rollos, discussion, and meditations, every weekend has these elements. And it's also easier to not talk about the Agapé Feast, Mananitas or Palanca so that they can be a wonderful surprise. Beyond that, it's hard to overcome the fact that each weekend is different. Not every weekend has skits, or hand/foot washings. Not every weekend has VegieTales videos. It's helpful to be aware that this ambiguity about the weekend also tends to support the 'secret society' stereotype. The simple truth is that no one can accurately describe all that will happen on a weekend, in advance of the event, and this is as it should be. Being present in the moment, aware and available, we leave more room in ourselves for possibility and for the unexpected.

The motto we set last year "One woman, one man, each church, each year" sets a compelling and easy to remember goal for growth. But the core message isn't about numbers alone. When it comes to sponsorship, quality far outweighs quantity.

The goal of Cursillo is to change environments for Christ. The next time you hear that the Cursillo movement needs more candidates, try to remember that what would *really help* are more good sponsors. This is much more than just getting a name on an application (though that is one of the steps in the process). *It helps* to prepare them for the weekend and *it helps* to know them well enough to do the background work for Palanca that makes the weekend unique. Afterwards, *it helps* to connect them with a group reunion. Sponsorship is finding a good candidate and then *helping* the rest happen. So keep looking – who around you would be a good leader – who else can **help**?

***One Woman, One Man.  
Each Church, Each Year.***

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### 3 Legs of the Group Reunion Stool

The 3 legs of the stool for a healthy group reunion are Personal growth, Group-Building, and Mission.

**Personal growth** is the whole matter of discovering yourself as a person – your unique gifts, your strengths and weaknesses, and your spiritual and intellectual formation. In other words, coming to grips with **all** the aspects of yourself as an individual, positive and not-so-positive. This is what you bring to each group meeting.

**Group-building** is the on-going process of being a real team – a community of love, trust and acceptance where each group member feels a part of each other and can minister to each other as the Body of Christ. A group does NOT become a group just by sitting down together to talk. It takes time and work to become a group. It requires caring, sharing, forgiving, and affirming in order to grow.

**Task or Mission** is about taking responsible action individually and collectively to share Christ with others. Action is one of the regular portions of the group meeting, and is a time to help each member clarify and focus on what they're doing.

### Order of Reunion

Each group reunion follows the same format. First, we always begin and end with prayer.

**Prayer** Centering and focus

**Piety** Connection to Christ

**Study** Share your learning

**Action** Share your actions

**Prayer** Giving Thanks

All men and women have friends, but 'graced friendships', where the friends meet regularly to converse about Jesus and His place in their lives, bring us closer to God. Group Reunion is a method to build such graced friendships.

### Empowering the Best

Listening prayerfully in group is part of how we each help one another to reach their full potential in Christ. When we succeed, everyone benefits and grows together.

- Listen with full attention.
- Encourage, but don't probe.
- Avoid giving advice.
- Don't make judgements.

In the midst of a caring, loving group, we are able to open up and talk about our hang-ups and fears as well as our hopes and dreams. In the midst of people who know us well in Christ, we can be affirmed most strongly as we make progress in our on-going Christian growth.

### 3 Levels of Sharing

What level of commitment do you have with others in your permanent group reunion? Spend some time looking at how you interact collectively – on what level of sharing do you spend most of your time?

**Mouth** This simple conversational speaking often has no deep content or purpose. If your group stays here too much, focus on deeper team-building.

**Head** Head-to-head sharing can be more serious, in that ideas and concepts are shared, but this kind of exchange still tends to be non-personal in nature.

**Heart** Heart-to-heart sharing lets others know how you stand in relation to ideas AND how you feel about them on the inside. This is what truly forms and builds community within our groups.

Each group reunion will spend time in each of these modes. Spend some time in reflection to see how you can use your time most effectively for Christ!

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## Ultreya Groups – Find one or more and Go!

Ultreya is usually explained as a cry of encouragement. In practice, it's a larger meeting of Cursillistas who gather for reunion meetings and broader sharing with an even more diverse group. These are the currently active Ultreya groups that we know about within the Diocese of Olympia. Please contact the local groups for more details about meeting times/details. If you know of any additional Ultreya groups active in our area, please contact the Cursillo office. **Ultreya!**

### CLALLAM COUNTY

**St. Luke Episcopal**  
Roger Uhden, 360.681-7450  
[k7rgr@olympen.com](mailto:k7rgr@olympen.com)

### CLARK COUNTY

**Meets in Portland**  
Pat Sanks, 360.834-6103

### GRAYS HARBOR COUNTY

E. Broadway/Church, Montesano,  
Meets occasionally, call 4 details  
Helen Pellegrino, 360.249-5535  
or DeDE Higginbothan

### ISLAND COUNTY

**Oak Harbor First UMC**  
[www.ohfumc.org](http://www.ohfumc.org)  
1050 SE Ireland St, Oak Harbor  
[ohfumc@verizon.net](mailto:ohfumc@verizon.net)  
3rd Friday, 7:00 pm  
Sue Eloh 360.675-4448  
[sue@eloph.com](mailto:sue@eloph.com)  
Marali Woessner 360.675-6192  
[bmw@whidbey.net](mailto:bmw@whidbey.net)

### JEFFERSON COUNTY

**St. Paul Episcopal**  
1020 Jefferson, Port Townsend  
Meets occasionally; call 4 Info.  
**Church Ph # 360.385-0770**  
[morkabu@olympus.net](mailto:morkabu@olympus.net)

### KING COUNTY

**St. Matthew Episcopal**  
123 L St NE, Auburn  
2nd Friday, 6:30 pm potluck  
Monica Desjean, 253.939-1579  
[monbob1@aol.com](mailto:monbob1@aol.com)

### St Luke Episcopal

5710 22nd Ave NW, Ballard  
Meets occasionally; potluck 6 pm;  
call church 4info: 206.784-3119;  
Pat Cook, 206.782-9110  
[pandjcook@earthlink.net](mailto:pandjcook@earthlink.net)

### Via de Cristo of Western WA

Meets quarterly  
Resurrection Lutheran  
134 S 206th, Des Moines  
Bob Rothwell, 206.248-0327  
[rcrothwell@juno.com](mailto:rcrothwell@juno.com)

### Eastside Regional Ultreya

Meets quarterly  
Holy Cross, Redmond, WA  
Contact Dan Hiatt, 425.883-4109  
[danh@bcsrcinc.com](mailto:danh@bcsrcinc.com)

### KITSAP COUNTY

**Faith Episcopal Kingston**  
26096 W First St.  
360-271-4987  
Meets quarterly  
Ellen Green, 206.842-8621  
[ellenmbg@comcast.net](mailto:ellenmbg@comcast.net)

### Silverdale UMC

9982 Silverdale Way, Silverdale  
1st Friday, 7:00 pm  
**Sherm Baldwin 360.779-7052**

### LEWIS COUNTY

<None known>

### PIERCE COUNTY

**St. Mary Episcopal**  
10630 Gravelly Lake Dr. SW,  
Lakewood  
3rd Sunday, 5-7 p.m., potluck  
Roberta Newell, 253.383-7279

### St. John in the Woods Tacoma RC

9903 24<sup>th</sup> Ave. East  
Church office Ph. (253) 537-8551  
1st. Tuesday 7:00 PM  
Earl Ducote – <>

### SKAGIT COUNTY

<None Known>

### SNOHOMISH COUNTY

**St. Brendans RC**  
10051 NE 195th, Bothell  
2nd Saturday, 8:00 pm  
Sam Affronte, 425.481-5296

### Trinity Episcopal

2301 Hoyt Ave, Everett  
Meets quarterly  
Sat. 6:00 PM Potluck and music  
Pat Carroll, 425.257-0868

### THURSTON COUNTY

**Olympia 1st UMC**  
1224 Legion Way SE, Olympia  
3rd Friday, 7:00 pm  
**Call Church 360.943-2661**  
Steve & Joanie Hewitt  
[hewred@comcast.net](mailto:hewred@comcast.net)

### WHATCOM COUNTY

**St. Paul Episcopal**  
Bellingham  
Last Friday every other month  
6pm Potluck/ 7pm Ultreya  
Chris Attebery, 360.734-3249  
[chrisattebery@comcast.net](mailto:chrisattebery@comcast.net)

### Whatcom County Ultreya Garden St UMC

1326 N Garden St, Bellingham;  
Usually 3rd Friday, 7:30 pm  
Gail Sullivan 360.733-1274  
[dgkitten@juno.com](mailto:dgkitten@juno.com)

**Cursillo Movement in the Diocese of  
Olympia**  
1551 Tenth Ave E  
PO Box 12126  
Seattle, WA 98102

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TIME DATED MATERIAL  
PLEASE DO NOT DELAY

Dear Cursillo Community,

The Fall Cursillo Teams invite you to attend:

Men's Closures	Sept 27 at 3:30pm	Christ Church, Tacoma
Women's Closures	Oct 11 at 3:30pm	St. John, Olympia

Please join us to welcome the newest Cursillistas, sing along to the music,  
and enjoy the fellowship.

-- Larry Remick, Kris Souza, and their teams

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## **FOURTH DAY CELEBRATION**

**When?**

**Saturday October 24<sup>th</sup>, 2009**

**Where?**

St. Columba's Church, 26715 Military Rd S Kent • 253.854-9912

**What time?**

Registration 9:00 a.m. Program begins at 10:00 a.m.

**Who should I bring?**

Sponsors, bring your candidates!

**What about lunch?**

A light lunch will be provided, or you can bring your own brown bag

**How do I get there?**

*From I-5:* Take exit 147 and turn east on 272<sup>nd</sup> Street. Turn left  
(north) onto Military Road South and go approximately 5 blocks.  
Church is on the left, across from the park.